

**Woodchurch House**  
**Menu for Week Commencing 8<sup>th</sup> October 2018**

|                      | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  | Sunday   |
|----------------------|--|--|--|---|--|---|--|
| <b>Early Drink</b>   | <b>Tea, Coffee or Juice</b>  |  |  |   |  |   |  |
|                      | Poached eggs on toast  | Toasted Crumpets   | Sausage sandwich   | Scrambled eggs on toast   | Poached eggs on toast  | Bacon Sandwich  | Sausage & beans  |
| <b>Morning</b>       | Tea, Coffee, Water or a choice of Squashes served with Homemade Biscuits                 |  |  |   |  |   |  |
| <b>Lunch</b>         | Beef stew and herb dumplings<br><br>Or<br>Ham or cheese ploughman's                      | Sausages & mash potato, garden pea's & onion gravy<br><br>Or<br>Filled cheese and spring onion jackets | Chicken wrapped in bacon. With champ mash, carrot & swede, broccoli & gravy<br><br>Or<br>Stuffed peppers | Mince beef & onion pie, Served with parsley new potatoes, broccoli, savoy cabbage & gravy<br><br>Or<br>Salmon, dill & lemon risotto | Scampi & chips with mushy peas, tartar sauce and lemon wedge<br><br>Or<br>Ham, egg & chips | Chili con carne & rice<br><br>Or<br>Cherry tomato & salmon tart & salad | Roast pork, served with apple sauce roasted parsnips, roast potatoes, carrots, broccoli & gravy<br><br>Or<br>Cheese, beetroot & boiled egg salad |
|                      | Jam & coconut sponge & custard   | Doughnuts & choc sauce & whippy cream  | Stewed fruit & custard   | Jam roly poly & custard   | Gypsy tart & cream   | Blueberry fool  | Apple & rhubarb crumble & custard  |
| <b>Afternoon Tea</b> | Assorted Home Made Cakes   |  |  |   |  |   |  |
| <b>Evening Meal</b>  | Home made Soup<br><br>Cauliflower & broccoli & ham cheese Bake<br><br>Tangy lemon gateau | Homemade Soup<br><br>Cheese & onion slice & baked beans<br><br>Strawberry ice cream & wafers           | Home made Soup,<br><br>Selection of sandwiches & crisps<br><br>Strawberry & cream slice                  | Home made Soup<br><br>Gala pie, pickle and salad<br><br>Poached pears   | Home made Soup,<br><br>Selection of sandwiches & crisps<br><br>Chocolate ice cream roll    | Home made Soup<br><br>Cornish pasties & bake beans<br><br>Jelly & fruit | Home made Soup.<br><br>Selection of filled rolls & crisps<br><br>Mango sorbet  |
|                      | <b>Milky drink and Biscuits</b>  |  |  |   |  |   |  |
| <b>Evening</b>       |  |  |  |   |  |   |  |

- Water and fruit squash available throughout the day in the resident's lounges
- Water jugs available in residents' rooms during the night.
- Hot drinks & biscuits offered if residents wake during night.

*Some of our dishes may contain allergens. Please ask our Chef for further information*